

# Coaching: Marriage Matters



Week 38

## Finding the Value in Your Marriage

There are many different things that bring value to a marriage. Education, career, financial security, children, and social position are just a few examples. These things can all bring a sense of well-being and accomplishment to the family.

Every couple should seek to add value to their marriage. However, there is nothing that brings a greater sense of well-being or accomplishment to a relationship than a husband and wife who discover the personal worth that each brings to the marriage.

If you want to learn how to truly value your spouse, it begins with learning how to treat them with compassion and to always act with their best interest in mind. If you want to value your spouse, it will require you to consistently nurture them toward constructive ends without worrying whether you will benefit or not. It will require you to do no harm and to continually extend compassion, forgiveness, encouragement, and protection. It will require that you learn how to offer constructive, respectful correction.

If there is contempt or a lack of mutual respect in your marriage, it will hamper you from being able to build a stable, mutually edifying relationship. Acknowledging the personal worth of your spouse is the foundation of a lasting and fulfilling marriage.

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